

Central Region Vulnerability Profile 2023-2024 Update

Jurisdictions

The Central Region includes 7 Tribal Nations and 3 Arizona counties. There are 15 rural and 4 Indian census-recognized primary care areas (PCAs). These PCAs include multiple medically underserved areas and are geographically isolated from other healthcare services.

Tribal Nations:1

Salt River Pima-Maricopa Indian Community, Fort McDowell Yavapai Nation, Gila River Indian Community, Ak-Chin Indian Community, Tonto-Apache Tribe, Tohono O'odham, San Carlos

Counties:1

Gila, Maricopa, Pinal

Indian PCAs:1

Gila County – San Carlos Apache
Maricopa County – Fort McDowell Yavapai Nation, Salt River
Pima-Maricopa Indian
Pinal County – Gila River Indian Community

Rural PCAs:1

Gila County – Payson, Globe
Maricopa County – North Gateway/Rio Vista Village, Desert
View Village, Deer Valley Village, Paradise Valley Village,
Scottsdale North, Surprise North & Wickenburg, Surprise
South, Peoria North, New River/Cave Creek, Anthem, Fountain
Hills/Rio Verde, Sun City West, Glendale North
Pinal County – Saddlebrooke, Coolidge, Eloy



Urban PCAs:1

Maricopa County – Paradise Valley Village, North Mountain Village, Camelback East Village, Alhambra Village, Maryvale Village, Encanto Village, Estrella Village & Tolleson, Central City Village, Laveen Village, South Mountain Village & Guadalupe, Ahwatukee Foothills Village, Scottsdale Central, Scottsdale South, Peoria South, Buckeye, Glendale West, Glendale Central, Sun City, El Mirage & Youngtown, Paradise Valley, Goodyear & Litchfield Park, Avondale, Mesa North, Mesa West, Mesa Central, Mesa East, Mesa Gateway, Tempe North, Tempe South, Gilbert North, Gilbert Central, Gilbert South, Chandler Central, Chandler North, Chandler South, Queen Creek, Sun Lakes Pinal County – Apache Junction, Gold Canyon, Florence, San Tan Valley, Maricopa, Casa Grande

Population and Vulnerable Demographics

About 5,094,890 people live in the Central Region. The population varies seasonally with winter visitors staying 30 days or longer, and migrant/agricultural workers coming into the communities during the winter growing season.

During a disaster, individuals with disabilities and others with access and functional needs may require special assistance from the emergency management system. In the Central region, there are demographic disparities between rural and urban counties where the former record higher proportions of persons living below the FPL (including children <12) and those who are Medicare beneficiaries. This is also the case with the Persons with Disabilities where the figure reflects the largest county but is doubled in the smallest county.

Considerations for those who are very old or very young, live in rural settings, have transportation challenges, have limited English proficiency, have low-socioeconomic status, or face challenges accessing health services should be included as well. 34.6% of the population lives below 200% of the federal poverty level; 24.3% of children under age 12 also live in poverty. The inmate population is vulnerable due to access to care and congregate living conditions. The Central Region houses 52.0% of the total prison inmate population of Arizona.

| Risk Factors | Central Region | Arizona |
|---|-------------------|-----------|
| Persons with Disabilities under age 65 years (%) ¹ | 16.2% | 13.2% |
| AHCCCS (Medicaid) Population ³ | 1,419,817 (64.4%) | 2,204,332 |
| Medicare Beneficiaries ⁴ | 874,690 (60.7%) | 1,441,510 |
| Electricity-Dependent Medicare Beneficiaries ⁴ | 37,424 (53.3%) | 70,276 |
| Medically Uninsured (%) ¹ | 9.9% | 10.6% |
| Population below 200% FPL (%) ¹ | 34.6% | 33% |
| Children < age 12 in Poverty (%) ¹ | 24.3% | 20.7% |
| Correctional Facilities ⁵ | 9 | 16 |
| Correctional Facility Inmate Capacity-prisons only ⁵ | 17,920 (52.0%) | 34,488 |



Healthcare Utilization

The Central region has one provider for every 1,532 residents, totaling 69.3% of the total number of primary care providers in Arizona. Ambulatory care sensitive conditions - care that if delivered properly would not result in hospitalization – relieves the burden on the hospital system.

| Utilization | Central Region | Arizona |
|---|-------------------|-----------|
| Total Primary Care Providers (%) ¹ | 6,760 (69.3%) | 9,751 |
| ACSs/1000 Residents Age <65 ¹ | 45.2 | 34.5 |
| Total Emergency Room Visits (%) ⁶ | 1,273,768 (67.1%) | 1,899,554 |
| Hospital Beds/1000 Residents (%) ¹ | 1.2 | 1.9 |
| Hospital Inpatient Days/1000 Residents Age <65 ¹ | 1,087 | 1,122 |

Regional Healthcare Infrastructure

Diverse regional facilities and resources that serve specific populations, including pediatrics, are critical to the whole community response. The Central Region has 2,873 specialty beds, 111 skilled nursing facilities, 11,028 nursing beds, 131 licensed home health agencies, 953 licensed pharmacies, and 36 certified ambulance services.

| Healthcare Infrastructure | Central Region | Arizona |
|--|----------------|---------|
| General Hospitals ¹ | 36 (50.7%) | 71 |
| Critical Access Hospitals ⁹ | 5 (29.4%) | 17 |
| Behavioral Health Hospitals ⁹ | 17 (70.8%) | 24 |
| Long-term Care Hospitals ⁹ | 3 (50.0%) | 6 |
| Specialty beds ¹ | 2,873 (78.8%) | 3,645 |
| Adult ICU bed capacity ⁸ | 1,729 (72.9%) | 2,375 |
| Pediatric ICU bed capacity ⁸ | 154 (93.3%) | 166 |
| ED bed capacity ⁸ | 2,441 (72.0%) | 3,444 |
| Skilled Nursing Facilities ¹ | 68 (69.8%) | 102 |
| Nursing Beds ¹ | 11,028 (66.6%) | 11,632 |
| Licensed Home Health Agencies ¹ | 116 (64.8%) | 179 |
| Licensed Pharmacies ¹ | 923 (69.3%) | 1,332 |

| Certified Ambulance Services ¹ | 36 (33.9%) | 106 |
|---|------------|-----|
| Air Transport ¹⁰ | Varies* | 70 |

^{*}There are seventy air ambulances registered to provide care and transport within Arizona, the majority of them helicopters. Air ambulance coverage areas often span large, multi-regional areas, and therefore cannot be broken down by region.

County Hazard Identification Summary

County Multi-Jurisdictional Hazard Mitigation Plans are administered once every five years to identify the greatest risk of loss to people and critical facilities. Hazards were identified through a Threats and Hazard Identification Risk Assessment (THIRA). Experiential knowledge of the planning team, considerations of relative risk, historic context, potential for mitigation, alignment with state plans, and duplication of effects for each hazard influenced each County's process.

Central Region Hazard Lists (Referenced from County Multi-Jurisdictional Hazard Mitigation Plans and 2023 AzCHER CHVA):

| Gila County (2019) ¹¹ | Maricopa (2021) ¹² | Pinal (2022) ¹³ |
|--|-------------------------------|---------------------------------------|
| Climate Change | Dam Inundation | Dam Failure |
| Dam Inundation | Drought | Drought |
| • Drought | Extreme Heat | Earthquake |
| Flooding/Flash Flooding | Fissure | Extreme Heat |
| Hazardous Materials Incident | Flood/Flash Flood | Fissure |
| Severe Wind | Levee Failure | Flood/Flash Flood |
| Transportation Accident | Severe Wind | Levee Failure |
| Wildfire | Subsidence | Severe Wind |
| Winter Storm | Wildfire | Subsidence |
| | | Wildfire |



Resources

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- 11. Gila County Emergency Management Resources.

 https://cms3.revize.com/revize/gilaaz/government/health_and_emergency_services/gilaem_eoc/docs/GC_MJH_MP_Final_10.08.19.pdf. Published 2019. Accessed December 13, 2023.
- 12. Maricopa County Department of Emergency Management. Maricopa County Multi-Jurisdictional Hazard Mitigation Plan https://www.maricopa.gov/DocumentCenter/View/75143/Maricopa-County-MJMHMP-2021_MJPT-Final-2021-11-02. Published 2021. Accessed December 13, 2023.
- 13. Pinal County Department of Emergency Management. Pinal County Multi-Jurisdictional Hazard Mitigation Plan. https://www.pinal.gov/DocumentCenter/View/7436/2022-Pinal-County-Multi-Jurisdictional-Hazard-Mitigation-Plan-PDF. Published 2022. Accessed December 13, 2023.
- 14. AzCHER Central Region Community Hazard Vulnerability Assessment. Updated January 2022.
- 15. US Census Bureau QuickFacts Population Estimates, July 1, 2022, https://www.census.gov/quickfacts/fact/table/US/PST045222. Accessed December 13, 2023.

Glossary

| ACS | Ambulatory Care Site | |
|-----------------|---|--|
| AHCCCS | Arizona Health Care Cost Containment System | |
| CDC | Centers for Disease Control and Prevention | |
| HHS emPOWER map | Over 2.5 million Medicare beneficiaries rely on | |
| | electricity-dependent medical equipment, such as | |
| | ventilators, to live independently in their homes. Severe | |
| | weather and other emergencies, especially those with | |
| | long power outages, can be life-threatening for these | |
| | individuals. | |
| | The HHS emPOWER Map is updated monthly and | |
| | displays the total number of at-risk electricity- | |
| | dependent Medicare beneficiaries in a geographic area, | |
| | down to the ZIP Code. | |
| | The HHS emPOWER Map gives every public health | |
| | official, emergency manager, hospital, first responder, | |
| | electric company, and community member the power | |
| | to discover the electricity-dependent Medicare | |
| | population in their state, territory, county, and ZIP | |
| | Code. When combined with real-time severe weather | |
| | and hazard maps, communities can easily anticipate | |
| | and plan for the needs of this population during an | |
| EDI | emergency. | |
| FPL | Federal Poverty Level | |
| PCA | Primary Care Area: A Primary Care Area is a geographic area in which most residents seek primary health | |
| | services from the same place(s). The PCA is meant to | |
| | depict the "primary care service seeking patterns" of | |
| | the residents. | |
| Specialty Beds | The number of hospital beds located at "Specialty" | |
| | hospitals, such as emergency or surgical hospitals | |
| | respectate, state as effect general and pitals | |